



Let ME Speak

Self Advocacy Project

Let Me Speak is an initiative to support people from culturally and linguistically diverse (CALD) backgrounds with disability, people with an Acquired Brain Injury (ABI), their families and carers to enable them make informed decisions and provide assistance to access resources and services available.

The project aims to support the abovementioned target group build capacity, promote social inclusion, participation in activities, support groups and self-advocacy training programs to assist them exercise their rights, increase their knowledge and develop the skills to articulate their specific needs.

There will be opportunities for people from CALD backgrounds with disability, ABI and their carers to learn about self-care, explore service options, engage in local community activities to enhance their quality of life and increase social networks.

For more information, peer support groups and training available, please contact;

Maria Bunn, Project Officer, Ethnic Disability Advocacy Centre (EDAC)

Email: mariabunn@edac.org.au Tel: (08) 9388 7455

For Headwest, contact, Tracy Foulds, CEO

Email: tracy.foulds@headwest.asn.au Tel: (08) 9330 6370

Funded by the Australian Government, Department of Social Services